





CONTENTS Editorial Note Department Conference on Marginalized Populations 2 Department Research Project on Maternal and Child Health 3 New Seminar-Based Team Teaching Approach for Majors 4 Orientation for Roadmaps/Launch of New Minor 5 Forman Sociological Association (FSA) Activities 6 Faculty Updates 14 Online Workshop on Data Analysis Final Thesis Presentations of Majors 15 16 Alumni Spotlight Faculty Publications 18



Editorial Note

We are happy to share our first Department Newsletter and hope it will make our students and alumni proud. Coming together to share our work and progress in the last year has also helped us, as faculty, to renew our commitment to *serve each other with love*.

The year 2021 has stood out for us mainly due to our alumni accomplishments- from a Fulbright and Erasmus Mundus Scholarship, to an undergraduate thesis publication, we are so proud that our past students are becoming torchbearers and raising the bar for current students. The newsletter includes updates about faculty, the Forman Sociological Association, research news, and a new seminar-based team teaching approach we have adopted to support our thesis students.

We hope you will enjoy reading about and watching the recorded video links for our Department Conference on Marginalized Populations, a Workshop on 'Data Analysis' using SPSS, and the Orientation Session with guidelines for our updated Roadmaps and new Minor in Criminology.

Sincerely Dr. Sara Rizvi Jafree Chair and Associate Professor, Department of Sociology





Department Conference on Marginalized Populations

The Department of Sociology conducted its **3rd Conference on Marginalized Populations** on 20th November '21. The online session included presentations by the Department Faculty on key research areas they have worked on, with an informative Q&A session with students:

Dr. Julie Flowerday (Professor)

Topic: Federalizing a Non-federal Territory: Gilgit-Baltistan

Dr. Shamaila Athar (Assistant Professor)

Topic: Christian Minorities of Pakistan and Voting Behavior

Dr. Shahid Rasheed (Assistant Professor)

Topic: Muslim Discourses on Nationalism and Ethnic Minorities in South Asia

Dr. M. Vaqas Ali (Assistant Professor)

Topic: Women Empowerment and Intimate Partner Violence: Evidence from Pakistan Demographic Health Survey 2017 - 2018

Mr. Jawad Tariq (Assistant Professor)

Topic: Parental Protection Ordinance 2021 and its implications for older adults living in Pakistan

Dr. Sara Rizvi Jafree (Associate Professor)

Topic: Informal Sector Women Loan-takers of Pakistan and their Health Challenges

The recording of the session can be found on:

https://www.facebook.com/watch?v=355667289648547

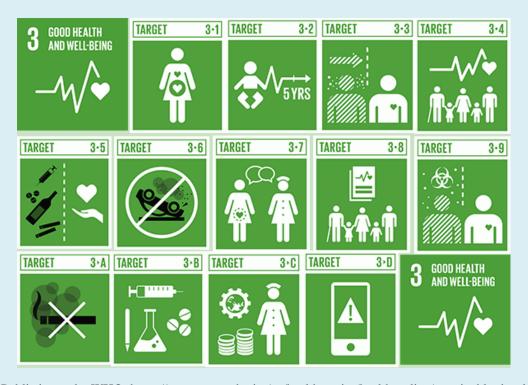




Department Resarch Project on Maternal and Child Health

The Department Faculty is collaborating to work on a research project (since August 2021), which falls under *Sustainable Development Goal 3: Good Health and Wellbeing*. Secondary data from the Pakistan Demographic Health Survey will be used to identify the social determinants of **Maternal and Child Vaccination**. The faculty has divided responsibilities for completing the project and is right now in stage two of data analysis.

In September '21, the department recruited students to help them work on the data cleaning stage of the project, and this has been a valuable experience for students in learning about secondary data usage and management.



Source: Public image by WHO: https://www.euro.who.int/en/health-topics/health-policy/sustainable-development-goals/sustainable-development-goals-sdgs/targets-of-sustainable-development-goal-3



New Seminar-Based Team Teaching Approach for Majors

Starting Fall 2021, the Department Faculty has started a **seminar-based approach with team teaching** to support the Department Majors undertaking the mandatory thesis project.

Thus, in addition to a faculty supervisor, the students will benefit from weekly seminars that will serve as refresher sessions to assist in completing different steps of the thesis.

Orientation sessions were held in August '21 to inform and communicate the new team-teaching approach and newly developed course outlines for SOCL 494 and SOCL 499.



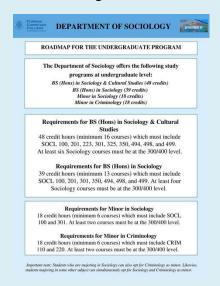
Through the Fall Semester each faculty member of the department took responsibility for covering the following steps of research to support the undergraduate thesis students:



Orientation for updated Roadmaps & Launch of a Minor in Criminology

The Department of Sociology is now offering a Minor in Criminology. It has updated its roadmap in light of this. Dr. Shamaila Athar delivered a session in January 2022 to support the Undergraduate students to understand the requirements for: (i) Major/ Minor in Sociology, and (ii) Minor in Criminology.

The recording can be found on: https://youtu.be/yNpR_BKisM8









Forman Sociological Association (FSA) Activities

Led by the capable hands of **Sir Athar Azeem**, FSA has continued its commitment to organizing online and in-person activities and awareness to raise community building, charity ethics, and also awareness about the subject of sociology. Some of its activities in the last year include:

Parliamentary debate on International Day for Rural women

Between 15th -16th October 2021, FSA created awareness about the problems faced by rural women, their role and contribution in society and what we as a society we can do to improve their lives.



Dabistan-e-Iqbal

On 1st December 2021, FSA held a talk to reflect on Allama Iqbal's thoughts, his impact on society, and his relevance for the youth of today.





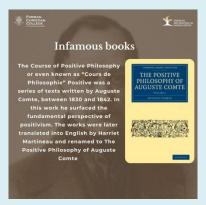
AKHUWAT Charity Drive

FSA continued their drive in 2021 to collect warm clothes for deserving people. The distribution to the needy was accomplished through AKHUWAT foundation.



Introduction to Great Sociologists

During Fall 2021, FSA conducted a series of online activities to raise awareness about the theories of the founding fathers of Sociology; which they hope to continue in coming semesters.



Freshman Orientation Competitions

FSA supported the freshmen orientation by holding competitions, to provide opportunity to new and old students to express their thoughts about society, help them interact with each other, and to promote a positive environment.





Faculty Updates

Dr. Julie Flowerday

Dr. Julie participated in an International Conference on South Asia "Early Fault Lines", Five Fault Lines: Reflections on South Asian Frontiers, Singapore, May 14.

She also contributed to a **Study Circle on Gender Issues organized by the Forman Political Science Society,** FCCU, 30th November, 2021.

As founding Editorial Board member of Forman Journal of Social Sciences, Dr. Julie was part of the team that **launched the inaugural issue of FJSS**, which can be found on: https://www.fccollege.edu.pk/forman-journal-of-social-sciences/#1621839564753-315c54d9-ba90

Dr. Julie has also been serving as an Editorial Board member of the International Journal of Criminology & Sociology (IJCS), since 2019.





Dr. Shahid Rasheed

Dr. Shahid Rasheed has received his **PhD** in Islamic Thought and Civilization, from the University of Management Technology (UMT), in 2021. His PhD research is related to responses of Muslim in South Asia to political modernity.

We are extremely lucky to have amongst us a mentor and leader like Dr. Shahid Rasheed, who has dedicated his life to running a non-profit educational charity, named Zaawiya Trust, which is committed to providing education and boarding to orphans and under-privileged boys, starting from primary schooling, and aiming to eventually preparing them to secure admission in university.

Many of the Department Majors and Minors benefit by volunteering and completing internships at Zaawiya Trust and learning the ethics of community building.



For learning more about, volunteering, and supporting Zaawiya Trust, please visit:

http://zaawiya.org.pk/; https://www.facebook.com/ZaawiyaSchool



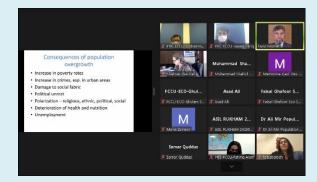
Dr. M. Vaqas Ali

As Director and founding member of **Population Research Center (PRC)**, Dr. Vaqas in Fall 2021, with the help of his team, launched a certification program in "**Demography and Population Studies**" for baccalaureate students at FCCU. In addition to this certification, Dr. Vaqas played a significant role in launching a **Minor in Criminology** in Fall 2021.

Also, his efforts led to PRC being added to the **Multidimensional Demographic Modeling** (**MDM**) **research group.** As part of this group, PRC participated in a workshop organized by Asian Demographic Research Institute – International Institute for Applied Systems Analysis (ADRI – IIASA) on September 17th, 2021.

The leadership of Dr. Vaqas also culminated in two valuable seminars being organized by PRC:

- 1. Webinar on "Family Planning in Pakistan: Challenges and Opportunities", 2nd July, 2021. The keynote speaker for the webinar was Dr. Eqbal H. Shah, a visiting scientist in the Department of Global Health and Population at Harvard T.H. Chan School of Public Health. Dr. Shah explained about the trends and differentials in family planning in Pakistan, the demand for contraception and challenges, and policy and program options to increase contraceptive use.
- 2. Virtual Academic Conference, in collaboration with the Population Council Pakistan, UNFPA, ORIC FCCU, and the HEC, titled: "Opportunities and threats: Population growth and the way ahead", December 2nd, 2021. This virtual event had two sessions, including talks by international and national experts in the field of demography and population studies, panel sessions, and presentation of original research papers by early scholars. The central theme of the panel discussion was "the relationship between population growth and socio-economic and political development by reviewing and assessing the challenges and opportunities, in order to design the strategies for overcoming population growth-related issues".





Dr. Shamaila Athar

Dr. Shamaila Athar has **received her PhD in Sociology from the University of Punjab (2021).** Her thesis examined the impact of socio-political factors on the voting behavior of the Christian Community in Punjab. The study aimed to identify the impact of both social (e.g. age, gender, caste/baradari, religion, occupation, and socio-economic class) and political (e.g. political awareness, political participation, party identification, voters view regarding previous performance of party and the political leader) factors that play an important role on voting behavior of the Christian Community in Punjab.

A quantitative approach was used for the study and questionnaires were administered to the target population i.e., Christian Community residing in four districts of Punjab: Lahore, Faisalabad, Gujranwala, and Rawalpindi. A sample size of 400 was taken using multistage sampling. The results indicated that gender is a strong determinant of political awareness and also that political efficacy is related to voting. Additionally, the results showed that the more importance an individual attaches with his/her vote, the higher the likelihood of casting votes. Finally, it was also found that positive national identity is an important factor in voting.





Mr. Jawad Tariq

We are happy to share that Mr. Jawad Tariq has submitted his PhD for external review and final defense. A paper from his PhD thesis has been prepared and submitted to BMC Geriatrics (Impact Factor: 3.737), titled: "Determinants of physical, psychological, and social well-being in older adults residing in senior care facilities of Pakistan and implications for practice" in December 2021.

Mr. Tariq has continued to play a key role for the development of the Department and for further opportunities of our students by launching a Minor in Criminology and a Certification Program in Demography and Population Studies (Fall 2021). He has also designed and is currently teaching the course "Introduction to Demography" for the Demography and Population Studies Certification program.

As Founding member and Coordinator for the Population Research Center (PRC), in December 2021, he has worked on multiple tasks for the growth of PRC, including the recent international online conference on: "Opportunities and Threats: Population Growth and the Way Ahead"; which was a substantial platform for research dissemination and sharing of new ideas and best practices.





Dr. Sara Rizvi Jafree

Dr. Jafree, along with interdisciplinary researchers from clinical psychology, education and social statistics have in 2021 completed their project titled: "Quality of life of elderly residing in public sector old age homes, and the impact of an intergenerational learning intervention between the elderly and youth".

The aim of the study was to highlight reforms needed for elderly residents of public sector old age homes in Pakistan.

The findings from the baseline data and the intervention have been published and can be found on:

- Rizvi Jafree, S., Mahmood, Q. K., Burhan, S. K., & Khawar, A. (2021). Protective Factors for Life Satisfaction in Aging Populations Residing in Public Sector Old Age Homes of Pakistan: Implications for Social Policy. *Journal of Aging and Environment*, 1-20. https://doi.org/10.1080/26892618.2021.1887042
- Rizvi Jafree, S., Burhan, S. K., Khawar, A., Mahmood, Q. K., & Shahed, S. (2021). The Impact of Intergenerational Learning on Quality of Life in Older Populations Residing in A Public Sector Old Age Home: A Quasi-experimental Study. *Journal of Intergenerational Relationships*, 1-27. https://www.tandfonline.com/doi/pdf/10.1080/15350770.2021.1942383



Picture published with consent. A youth intervention facilitator discussing and taking notes dictated by the elderly for the very popular Activity 6: Civic Awareness & Community Belonging



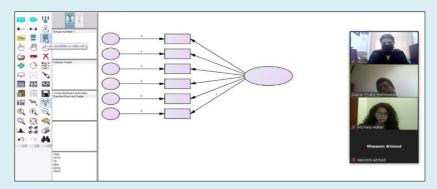
Online Workshop on Data Analysis

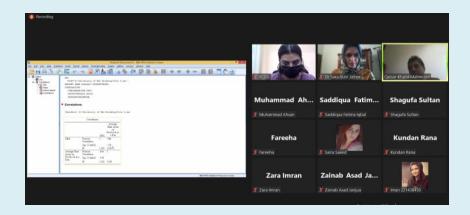
The Department of Sociology, FCCU, conducted a **Workshop on 'Data Analysis'**, led by Dr. Qaisar Khalid Mehmood, Assistant Professor, International Islamic University Islamabad, who specializes in quantitative data analysis and has numerous publications to his credit. All majors and minors of the Department of Sociology benefited from this workshop, **which covered basic data analysis tests in SPSS and AMOS.**

The video recordings for both days can be found on the following links:

Day 1: https://youtu.be/aWTgIvbdpR0

Day 2: https://youtu.be/jBHya2ddL_g







Final Thesis Presentations of Majors

The **Department Majors have successfully completed their thesis journey** (Spring 2021- Fall 2021) and have been working on diverse and valuable areas for Pakistan needing empirical evidence and policy mobilization. The broad areas include sociology of education, sociology of family, sociology of religion, gender studies, sociology of media, social-psychology, and criminology.





On February 7th, 2022, the students presented their final work to faculty and external reviewers online. They have now committed to working with their supervisors to incorporate final revisions which will then be published on the department webpage and submitted to the FCCU library for dissemination.



Alumni Spotlight

Ajwa Zulfiqar

Graduate of year 2020, Ajwa has published her UG thesis supervised by Dr. Sara Rizvi Jafree. Her research focuses on the exploitation of domestic labor in Pakistan and has been published by **Gettysburg Social Sciences Review** - an open access academic journal: https://cupola.gettysburg.edu/gssr/vol5/iss1/6.





Muhammad Idrees

Graduate of year 2016, Idrees has secured an excellent position in **CSS 2020**, one of the prestigious exams of Pakistan. We look forward to sharing more news about his progress and service for Pakistan.



Sadaf Qayyum

Graduate of year 2020, Sadaf has received the **Erasmus Mundus Scholarship** granted by the European Commission for the year 2021-2023. She will be joining the International Master's Program in "Education Policies for Global Development" (GLOBED). The program is developed by a consortium of four European Universities. The consortium includes the Globalization, Education and Social Policies research group from the Universitat Autònoma de Barcelona, the College of Social Sciences from the University of Glasgow, the Department of Political Sciences from the University of Bremen, and the Department of Educational Sciences from the University of Cyprus. She will be studying in all these universities during her two-year course.





Marium Naveed

Graduate of year 2020, Marium has won the **Fulbright Scholarship 2021**. The Fulbright scholarship offers fully funded post graduate studies in the US. Marium will be starting the graduate program 'MS Urban Placemaking and Management' at Pratt Institute.



Faculty Publications

Dr. Mohammad Vaqas Ali and Mr. Jawad Tariq

- Ali, M. V., & Tariq, J. (2021). Empowerment and IPV in Married Women of Reproductive Age: Evidence from Pakistan Demographic Health Survey 2017–2018. Journal of interpersonal violence. https://doi.org/10.1177/0886260520980380

Dr. Sara Rizvi Jafree

- Q.K. Mahmood, **S. Rizvi Jafree**, S. Mukhtar, F. Fischer (2021) Dataset on social media use during COVID-19: Associations with self-efficacy, perceived threat, and preventive behavior, Data in Brief, Volume 37, https://doi.org/10.1016/j.dib.2021.107604
- **S. Rizvi Jafree** (2021) Transmitting religious values through online religious communities: case study of Pakistani Shia mothers' home education, Journal of Beliefs & Values, DOI: 10.1080/13617672.2021.1992744; https://www.tandfonline.com/doi/full/10.1080/13617672.2021.1992744
- **S. Rizvi Jafree**, ul Momina, A., Malik, N., Naqi, S. A., & Fischer, F. (2021). Challenges in providing surgical procedures during the COVID-19 pandemic: Qualitative study among



Operating Department Practitioners in Pakistan, Vol. 104(2) 1–29, Science Progress https://doi.org/10.1177/00368504211023282

- **S. Rizvi Jafree**, ul Momina, A., Muazzam, A., Wajid, R., & Calib, G. (2021). Delivery Health Service Satisfaction of Mothers and Fear of COVID-19: Implications for Maternal and Child Health in Pakistan, Maternal and Child Health Journal, Springer https://doi.org/10.1007/s10995-021-03140-4
- **S. Rizvi Jafree**, (2021). The Need for Cultural Interventions to Improve Girls' Education during COVID-19 and Beyond, March, ESymposia, International Sociological Association,

https://esymposium.isaportal.org/resources/resource/the-need-for-cultural-interventions-to-improve-girls-education-during-covid-19-and-beyond/

- Q.K. Mahmood, **S. Rizvi Jafree**, S. Mukhtar, F. Fischer (2021) Social media use, self-efficacy, perceived threat, and preventive behavior in times of COVID-19: results of a cross-sectional study in Pakistan, Frontier Psychology, 12 (2021), p. 2354 https://doi.org/10.3389/fpsyg.2021.562042
- **S. Rizvi Jafree**, Mahmood QK, Momina AU, Fisher F, and Barlow J (2021) Protocol for a systematic review of barriers, facilitators and outcomes in primary healthcare services for women in Pakistan; BMJ Open 2021;11:e043715. https://bmjopen.bmj.com/content/bmjopen/11/3/e043715.full.pdf
- **S. Rizvi Jafree**, Bukhari N, Muzamill A, et al, (2021) Digital health literacy intervention to support maternal, child and family health in primary healthcare settings of Pakistan during the age of coronavirus: study protocol for a randomised controlled trial, BMJ Open, 11:e045163.

http://dx.doi.org/10.1136/bmjopen-2020-045163

- Mahmood, Q.K., **S. Rizvi Jafree**, Sohail, M.M. et al. A Cross-Sectional Survey of Pakistani Muslims Coping with Health Anxiety through Religiosity during the COVID-19 Pandemic. J Religion and Health 60, 1462–1474 (2021). https://doi.org/10.1007/s10943-021-01218-5
- **S. Rizvi Jafree**, & Anwar, N. (2021). Social Protection for Socioeconomically Vulnerable Women of Pakistan-During Covid-19 and Beyond. Pakistan Journal of Women's Studies: Alame-Niswan, 27(2), 75-85. https://www.pakistanwomenstudies.com/pjws/article/view/79/59
- Mahmood, Q. K., **S. Rizvi Jafree**, Jalil, A., Nadir, S. M. H., & Fischer, F. (2021). Anxiety amongst physicians during COVID-19: cross-sectional study in Pakistan. BMC Public Health, 21(1), 1-10; https://doi.org/10.1186/s12889-020-10134-4
- **S. Rizvi Jafree**, Zakar R, Ahsan H, et al. (2021) Impact of microfinance health interventions on health-related outcomes among female informal workers in Pakistan: a retrospective quasi-experimental study. BMJ Open; http://dx.doi.org/10.1136/bmjopen-2020-043544