



# IGO



## Intermediate Guidance Office Newsletter, 2018-2019 Issue III

With sentiments of deep pleasure, Intermediate Guidance Office (IGO) presents 3<sup>rd</sup> issue of its annual newsletter. IGO continued its journey of evolution as a student centred office, seeking to set new highs of student welfare by knitting a close working partnership with college administration and faculty. Academic session 2018-2019 has been a year of phenomenal accomplishments as IGO successfully organized 11 events including student orientation at the start of the academic year, interactive sessions tailored for faculty and motivational talks/ seminars which hosted state officials, policy makers and high ranking professionals alongside one-on-one guidance for students to improve their skills, enhance personal capacity and chart a clear career and academic map for their future endeavours. The office would like to extend profound gratitude to senior executive management and faculty for their support in this journey on highway of excellence towards a destiny where our students bask in glory of academic triumphs, responsibility, commitment to service and acceptance for diversity and change. Cheers to a brilliant session as we prepare to unpack brilliance in academic session 2019-2020.



## Session for Faculty at Orientation 2018

In August 2018, Intermediate Guidance Office (IGO) was directed by the office of Vice Rector (I) to conduct a session with faculty at orientation before the start of new academic year. The interactive session themed 'Know your Student; Help your Student', revolved around the purpose of employing and developing instructional methodologies specific to students' individual personalities and differentiated learning styles and needs.



*"Session with IGO boosted my morale which I had lost due to bad grades... helped me stay determined."  
M. Arslan (23-01207)*

## Career Guidance Session with Pakistan Navy

In September 2018, a session on 'Career Opportunities in Pakistan Navy' was organized by IGO. This session was conducted by a team from Pakistan Navy, led by Lt. Commander Adnan Rasool, Recruitment Officer for Lahore region. The team informed students about eligibility, recruitment procedure and various wings/sections of Navy where interested individuals can pursue a successful career.

Session's success was evident from a large number of students and faculty present in the audience. Chief Proctor FCC, Flt. Lt (R) Abdul Rehman was guest of honor.



## Information Session with New Faculty Members

In October 2018, IGO organized an 'Interactive Information Session' for the newly appointed faculty at Intermediate section. The purpose of this session was to inform newly appointed faculty members about the vision, achievements and future goals of IGO as efforts are streamlined to forge a healthy working partnership that would strengthen student welfare by addressing issues and challenges that prevent students from actualizing their academic potential. The session concluded with thought provoking suggestions from faculty members.



*"Sir Justin is ever helpful and very kind. IGO helped me out regarding my admission abroad... very satisfied with the guidance recieved."*  
*Faisal Javed (23-02903)*

## Anti-Smoking Documentary Screening

In October 2018, IGO held successful screening of an Anti-Smoking documentary titled '*Tambakoo Noshi Ka Anjam* (Consequences of Smoking)' for Intermediate students. This activity was in compliance with the directives of provincial Ministry of Education, seeking to discourage smoking on/ around academic institutions across Punjab. IGO assisted the office of Vice Rector towards preparing a thorough report on steps taken by the FCC administration to create a smoke-free environment at FCC, this report was shared with provincial Ministry of Education.



## Career Counseling Session by ICAP, October 2018

In collaboration with 'Institute of Chartered Accountancy Pakistan (ICAP)', IGO hosted a 'Career Counseling Session' to enlighten students about prospects and opportunities in the field of commerce. Mr. Aamir Malik from ICAP was the resource person.



*"(Session with IGO) made me understand my shortcomings and how I can discipline myself to overcome them."*

*Wali Zeeshan (23-02850)*

*"Got guidance regarding opportunities for students of medicine in Pakistan and abroad which was very helpful."*

*Muhammad Muneeb Arshad (24-01406)*

## Motivational Talk at Griswold Hall

In November 2018, Griswold Hall (Intermediate Boys' Hostel at FCC) hosted IGO for a motivational talk. Mr. Arooj Justin spoke on the significance of finding purpose in life. IGO feels honored to have the opportunity to engage on campus residents in a manner that maximizes their capacity.





## Information Session on CSS by Additional Secretary Agriculture Department, Punjab

The Intermediate Guidance Office (IGO) organized information session on 'Central Superior Services (C.S.S), hosting Honorable Ma'am Benish Fatima Sahi, Additional Secretary, Agriculture Department, Government of Punjab. Advisor to the Chief Minister Punjab, Mr. Omar K. Malik graced this event. Ma'am Secretary's talk took students on an information de-tour that would help students chart a clear plan of action for pursuing a career in civil services. A very personal account of professional journey undertaken by Ma'am Secretary kept students glued to their chairs till the end of session. For honoring the cause of promoting student welfare at FCC, Ma'am Sahi was presented shield and souvenir by Prof. Dr. C. J. Dubash, Vice Rector (I).



## Session on Effective Strategies for Attempting BISE Exams

IGO organized a session on Effective Strategies for Attempting BISE exams for Physics, Chemistry Biology and Mathematics in February, 2019. The session was graced by Mr. Mohammad Iqbal, Head of Physics Department; Mr. Mashud Usman, Head of Biological Sciences Department; Dr. Nauman

Ahmed from Department of Chemistry and Mr. Mohsin Raza from Department of Mathematics, who shared useful strategies and tips to attempt exams for their respective subject. The session was attended by a large number of students primarily from the Sciences group and actively participated with comments and questions. Mr. Asif Shami, Chief Proctor Intermediate appreciated the guests with shields.



## Session on Moral Transparency in Exams

IGO in collaboration with the office of Honorable Coordinator (I), organized a session on 'Moral Transparency during Exams'. Mr. Makhdoom Sarfraz talked the audience through 'Board of

Intermediate & Secondary Education (BISE) policies which promise severe consequences for those guilty of violating the moral code of conduct. The session recorded healthy attendance from students and members of faculty.





## Workshop on 'Internet Governance'

IGO organized one-day workshop on 'Internet Governance' for staff & faculty at Intermediate section and teachers of Light of Hope School. The event was Pakistan's first faculty capacity building workshop on 'Internet Governance, and this credit has been proudly bagged by Forman Christian College (A Chartered University), Lahore. The event helped participants in understanding evolving policies and mechanisms under which internet community's stake holders make decisions about the development and use of internet. Internet Governance covers wide range of issues from day-to-day socials, operational and technical workings of internet to public policy issues such as youth, human rights, freedom of expression, imparting education, reducing poverty, countering violence, gender issues, combating crime and host of other issues. Live streaming of workshop was viewed by officials at UN overseeing Internet Governance. Workshop has opened doors for FCC to explore possibilities of developing a working partnership with Facebook through our resource person Mr. Fouad Bajwa. The guests of honor for this event were Dr. Sufian Aslam (Associate Vice Rector and Additional Registrar), Mr. Anthony Richards (Director Office of I.T at FCC) and Mr. Makhdoom Sarfraz (Coordinator-I).

*"Congratulations to IGO team for conducting such a wonderful workshop... we have learnt a lot which can be shared with students."*

*Mr. Mohammad Asghar  
(Head of Department Religious Studies)*

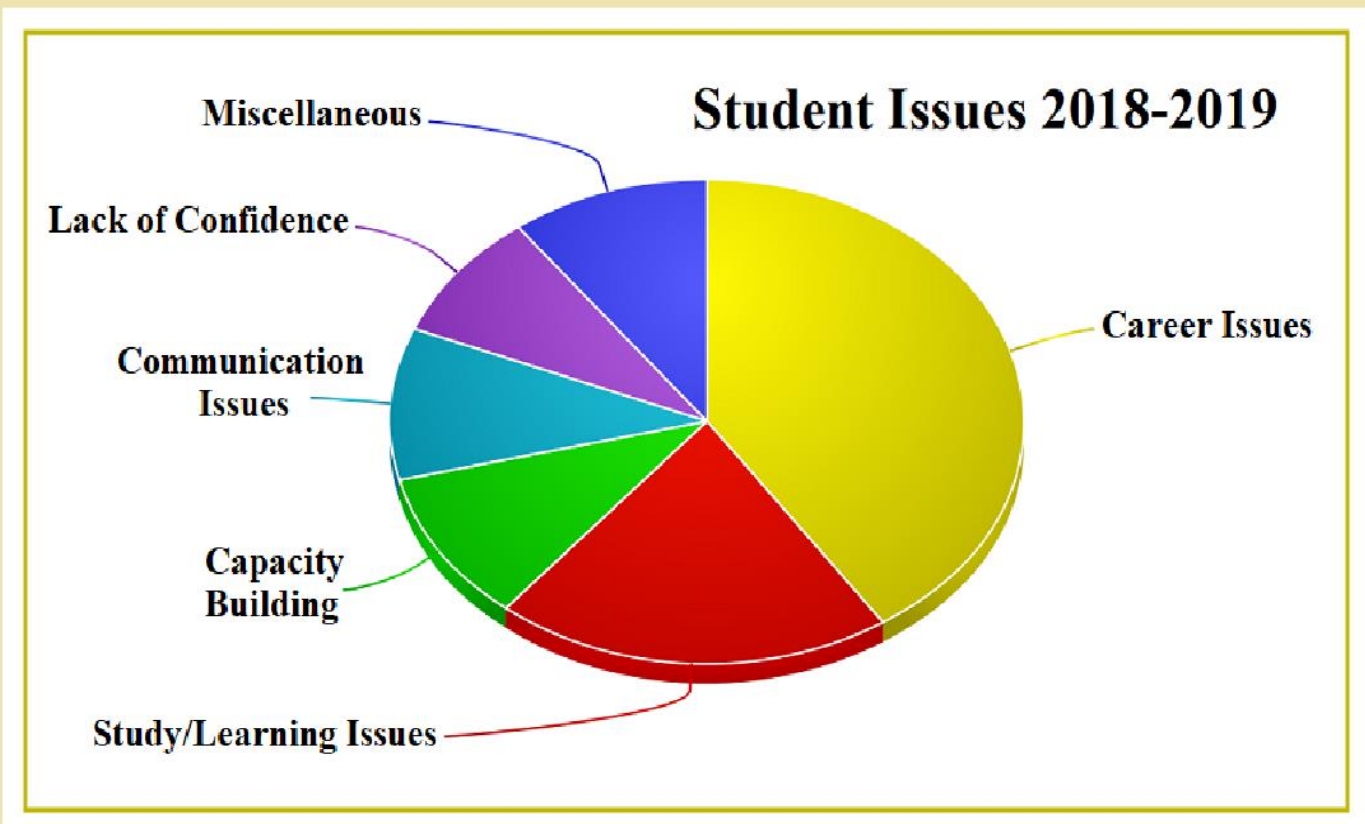


## Donation to Ewing Memorial Library at FCC

In May 2019, IGO donated a large number of books to Ewing Memorial Library at FCC as a part of its annual outreach drive. Ms. Bushra Almas Jaswal (Chief Librarian and Associate Professor) received the gift of books with sentiments of gratitude, followed by an informal meeting that discussed the possibility of holding book reviews and reading sessions for Intermediate section.



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#### Team IGO

**Arooj Justin (Focal Person)**

#### Advisory Panel:

**M. Umer Chaudhry (Physics)**

**Nabila Naphtali (Psychology)**

**M. Umar Bhatti (Biological Sciences)**